

OCMH: THE BEAT

Osborne County Memorial Hospital Newsletter

Winter 2019



NEW PROVIDERS



Joshua Choate, PA-C, is our new physician assistant that will be joining the Goad Clinic in January 2019. He completed his undergraduate at Colorado State University-Pueblo in Pueblo, CO, in athletic training and his physician assistant education at DeSales University in Center Valley, Pennsylvania. Joshua enjoys the rural community atmosphere of Osborne and is looking forward to providing the full spectrum of health care.

Alison Begay, MSN, FNP, is our new family nurse practitioner with a nursing background in cardiovascular ICU and surgery. She will be joining the Goad Clinic in February 2019. She received her Bachelor in Science in Nursing from Arizona State University in 2013 and Master's in Science in Nursing from Northern Arizona University with a focus in rural health this year. She is board certified with the American Academy of Nurse Practitioners (AANP). She is excited to join the OCMH team and become a part of the community.



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A Word from our CEO...

The New Year "2019" has arrived with some colder weather and snow however the construction project remains on schedule and the excitement and optimism will get us through any slight delays due to the weather. It is anticipated the project will be substantially completed in late January 2020 with a move in date in the spring. Just one year ago we were in the beginning stages of design development for the new replacement hospital and clinic. Today the building pad has been completed, the majority of the grade beam foundations have been poured, the shelter area foundations have been completed and underground electrical and plumbing work continues to progress. The masonry block for the shelter is slated to go up soon. If you want to keep up on the project and view live construction you can do so by visiting our website at www.ocmh.org and click on "New Construction" for the webcam. We also have updated construction pictures both on our website and displayed internally at the hospital.

OCMH is also pleased to announce the addition of Joshua Choate, PA-C, and Alison Begay, FNP, to our provider team with Dr. Erin Baxa. They will both be available for appointments at the Goad Clinic and will also be taking "on call" rotation for the OCMH Emergency Department. Once they are fully orientated we will have appointment times available at the Goad Clinic five days a week again. We plan on having an Open House in March so you can meet the new providers.

With the happenings above you can understand why there is so much excitement and optimism as we begin the New Year. The employees worked hard to make 2018 a great year for OCMH and we look forward to continuing this success in 2019.

Marianna Harris

IT'S HERE! ASK US ABOUT THE PATIENT PORTAL TODAY!



ACCESS YOUR MEDICAL INFORMATION ONLINE

Manage your personal medical records, communicate with your doctors, and make more informed decisions about your health.

GET 24/7 ACCESS FROM ANY COMPUTER, SMARTPHONE OR TABLET!

To sign up for the
OCMH PATIENT PORTAL
contact
HELEN DANNENBERG, SSD
785-346-2121

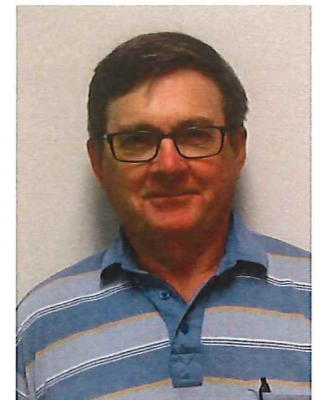


to OCMH!



Denise joined OCMH's dietary staff as a cook. She will be working both shifts once her orientation is complete. Denise lives in Portis with her husband. They have 3 grown children, 12 grandchildren and 2 great grandchildren. She is a big fan of John Wayne and she enjoys spending free time with her family, going to church or traveling and taking cruises!

Don joined OCMH as Maintenance Supervisor. He is a familiar face to many as he previously worked at OCMH. Don lives in Osborne with his wife Luisa and their 2 dogs Jack and Casper. Don has 3 grown children. Don enjoys spending his free time either golfing or camping!



Jason joined OCMH in the maintenance department. His duties will include maintenance and custodial. Jason lives in Osborne with his wife Lori. They have 4 children and 1 grandchild. Jason enjoys spending times outdoors hiking or camping.



Did you know you can support OCMH while shopping with Amazon? Simply go to smile.amazon.com and choose Osborne County Memorial Hospital as your charitable organization. OCMH will receive 0.5% of the purchase price if the item is AmazonSmile eligible!



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You Shop. Amazon Gives.



EMPLOYEE SERVICE AWARDS

Thank you to the following employees for your years of outstanding service. Employees are a vital part of our organization and we appreciate all of their hard work and dedication to OCMH and to the surrounding communities!



Stacey Hardy—10 years

Helen Dannenberg—10 years

Darlene Hadley—20 years

Specialty Services at OCMH

Urology

Mammograms

Bone Density

Pain Management

Cardiology

General Surgery

Nuclear Medicine

MRI

*Bringing the specialty healthcare
you need to you.*

Contact your provider if you are needing or wanting to schedule an appointment for any of these specialty clinics!

Everyday Preventive Actions Can Help Fight Germs, Like Flu

FIGHT FLU



CDC recommends three actions to fight flu.

1. The first and most important step is to get a flu vaccination each year.
2. If you get sick with flu, take prescription antiviral drugs if your doctor prescribes them. Early treatment is especially important for the elderly, the very young, people with certain chronic health conditions, and pregnant women.
3. Take everyday preventive actions that may slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu. This flyer contains information about everyday preventive actions.

How does flu spread?

Flu viruses are thought to spread mainly from person to person through droplets made when people with flu cough, sneeze, or talk. Less often, a person might get flu by touching a surface or object that has flu virus on it and then touching his or her own mouth, nose, or possibly eyes. Many other viruses spread these ways too. People infected with flu may be able to infect others beginning 1 day before symptoms develop and up to 5-7 days after becoming sick. That means you may be able to spread flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.

What are everyday preventive actions?

- ◆ Try to avoid close contact with sick people.
- ◆ If you or your child gets sick with flu-like illness, CDC recommends that you (or your child) stay home for at least 24 hours after the fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- ◆ While sick, limit contact with others as much as possible to keep from infecting them.
- ◆ Cover your nose and mouth with a tissue when you cough or sneeze. After using a tissue, throw it in the trash and wash your hands.
- ◆ Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand rub.
- ◆ Avoid touching your eyes, nose and mouth. Germs spread this way.
- ◆ Clean and disinfect surfaces and objects that may be contaminated with germs that can cause respiratory illnesses like flu.
- ◆ If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.
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For more information, visit:

www.cdc.gov/flu

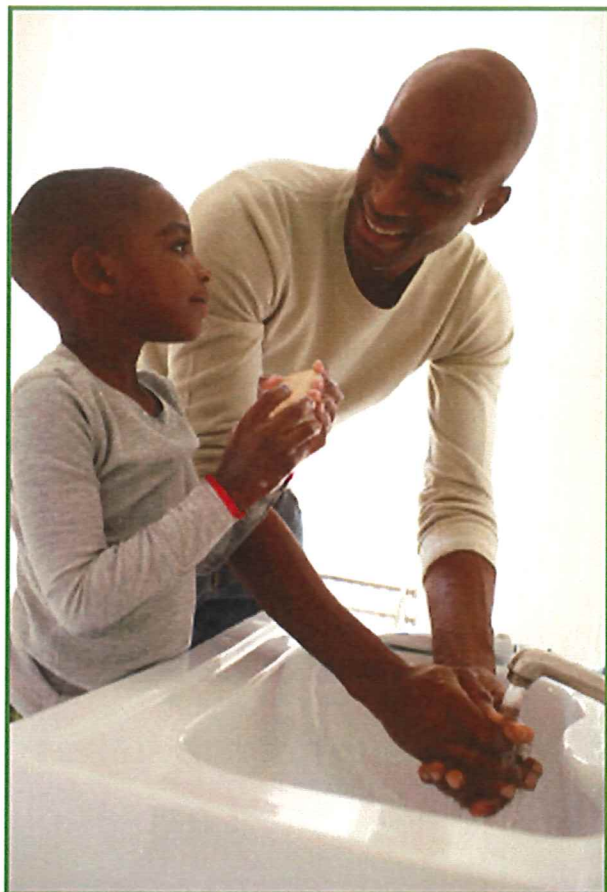
or call 1-800-CDC-INFO



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

What additional steps can I take at work to help stop the spread of germs that can cause respiratory illness, like flu?

- ♦ Find out about your employer's plans if an outbreak of flu or another illness occurs and whether flu vaccinations are offered on-site.
- ♦ Routinely clean frequently touched objects and surfaces like doorknobs, keyboards, and phones, to help remove germs.
- ♦ Make sure your workplace has an adequate supply of tissues, soap, paper towels, alcohol-based hand rubs, and disposable wipes.
- ♦ Train others on how to do your job so they can cover for you in case you or a family member gets sick and you have to stay home.
- ♦ If you begin to feel sick while at work, go home as soon as possible.



What additional preventive actions can I take to protect my child from germs that can cause respiratory illness, like flu?

- ♦ Find out about plans your child's school, child care program, or college has if an outbreak of flu or another illness occurs and whether flu vaccinations are offered on-site.
- ♦ Make sure your child's school, child care program, or college routinely cleans frequently touched objects and surfaces, and that they have a good supply of tissues, soap, paper towels, alcohol-based hand rubs, and disposable wipes on-site.
- ♦ Ask how sick students and staff are separated from others and who will care for them until they can go home.

Everyday preventive actions can help slow the spread of germs that can cause many different illnesses and may offer some protection against flu.

OCMH 2018



A YEAR IN REVIEW



BUILDING PROJECT PROGRESS





Thank You!

Last year the radiology department at OCMH was able to purchase a HL7 report system through a generous grant by the Saver and McFadden Charitable Trusts. This report system upgrade to the radiology department has brought them up to speed in the age of electronic medical records. What does this report system do exactly?

Before the implementation of this medical records were manually typed into computer. This allowed for human/computer error. This meant corrections to patient exams, patients reports and manually checking for errors before reports were to be read by a radiologist or passed to the ordering physician. This report system allows the radiology department to pull the patient information directly from their medical record. Information pulled directly from the medical records results in less time correcting errors and more time for patient care. This is not the only improvement to patient care with the HL7 report system.

Radiology reports before had to printed, scanned in by hand or manually imported electronically into the patients' medical records. A very time-consuming process. HL7 makes this process a thing of the past. After the exam is completed and read by a radiologist it is automatically transferred to the patients record. Physicians are alerted almost immediately that the report is ready.

JOB OPPORTUNITIES

Do you enjoy being a part of a team?

Have you always wanted to work at OCMH?

These opportunities are available now:

OT, ST or Physician

For more information please call 785-346-2121



Would you like to receive a copy of the Newsletter electronically? Please contact the hospital (785-346-2121) and ask for Keri to be put on the list!

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