

# THE BEAT



## Welcome to our New Providers



Dr. Theresia Neill grew up on a dairy farm near Severy, KS. She graduated from Butler Community College then received a dual bachelor's degree from Kansas State University (Go Cats!). Her medical degree was obtained at the University of Kansas

in Salina. She completed her Family Medicine Residency at Smoky Hill Family Medicine in Salina, KS and is Board Certified by the American Board of Family Medicine. In her spare time, she enjoys doing many house and yard projects, cooking and baking, and traveling with her family. She and husband Tate are blessed with two children, a daughter, Perri, and a son, Finn. Dr. Neill loves rural family medicine and everything that full spectrum family care has to offer.

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# Welcome to our New Providers cont.

Ashly is super excited to be part of OCMH. She was born and raised in rural Kansas. Her family has been established in the area for many generations. In high school she started as a CNA/CMA, then worked her way to EMS on the ambulance and finally moving on to nursing work. Ashly completed her BSN at Bethel College and received her Masters as a Family Nurse Practitioner from Maryville University in St. Louis MO. She also holds a board certification in Emergency Medicine. Which means she is dual certified as a FNP/ENP. Emergency medicine has always held her heart and soul, and she takes great pride in staying up to date



with the newest and best Evidence Based Practice, while being mindful of the resources available. Her family consists of two daughters Kynsly and Kenna. Her husband, Jeff, works for the MKC grain elevators as a grain manager. Ashly loves camping and boating at Glen Elder with her family and adult trips to Las Vegas to "people watch" and eat food all day long. She is excited to be in the area and meet people but, truly hopes she never has to meet you in the ED.

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## A WORD FROM OUR CEO...

Fall has finally arrived and cooler days are ahead. OCMH will be starting a Wound Care Program for those patients who struggle with chronic wounds in the next few weeks. We have also kicked off our "Pathway to Wellness" project to build a windbreak and provide shade around the grounds. This will include a walking path for the promotion of better health and mental well-being for our staff, patients and community. We hope you will support us as we hold fundraising activities over the next year. On November 18th a Chili Cook-off and Corn Hole tournament has been scheduled and will be held at the Sims Event Center in Osborne. Please join us for this fun fundraising event!

*Doris Brown*



**MAKE SURE TO BRING YOUR LITTLE GHOSTS AND GOBLINS TO OCMH ON HALLOWEEN! THERE WILL BE CANDY AT THE FRONT ENTRANCE STARTING AT 5:00P.M. TIL GONE.**  
**Come thru the circle drive to pick up your candy!**

**BREAST CANCER**  
is the most common cancer in  
**AMERICAN WOMEN**

**1 IN 8**

women will be  
diagnosed with  
breast cancer  
during her life.



**11% OF  
WOMEN**

**DIAGNOSED WITH  
BREAST CANCER  
IN THE US ARE YOUNGER  
THAN 45 YEARS OLD.**



[www.cdc.gov/BringYourBrave](http://www.cdc.gov/BringYourBrave)  
#BringYourBrave



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

**OCMH**  
**CHILI SHOWDOWN!**

**CHILI COOK-OFF AWARDS**

- MOST UNIQUE
- SPICIEST CHILI
- PEOPLES CHOICE
- MOST ON THEME
- OVERALL BEST CHILI

**BEST OVERALL CINNAMON ROLLS**

**OCMH**  
Our Specialty is You

**SIMS CENTER, OSBORNE, KS**  
**SATURDAY NOV 18TH**  
**FREE WILL DONATION**

**1 PM CORNHOLE TOURNAMENT**  
**3PM CHILI TURN IN**  
**5 - 7PM CHILI TASTING**  
**7PM ANNOUNCEMENT OF WINNERS**

**SCAN THE QR CODE FOR  
OFFICIAL RULES & TO  
PRE-REGISTER ONLINE**  
**\$25 ENTRY FEE**

**REGISTER BY  
NOV. 3RD**  
**FIRST TEN ENTIRES  
RECEIVE A FREE GIFT!**

Join us on November 18th for a spicy showdown as our talented chefs battle it out for the ultimate chili crown! With categories like Best Overall, Spiciest Chili, People's Choice, Most Unique, and Most On-Theme, there's something for every chili aficionado.

# Understanding Medicare Advantage

**SAVINGS IN YOUR RETIREMENT YEARS SOUND APPEALING UNTIL YOU ARE FACED WITH DENIALS AND LIMITED CHOICES.**

Medicare Advantage (Medicare Part C) is a REPLACEMENT of Medicare Part A (Hospital Insurance) and Medicare Part B (Supplemental Medical Insurance). Medicare Advantage benefits are through a private insurance plan rather than from the Original Medicare program run through the federal government. When you agree to participate in a



Medicare Advantage plan, you lose your Medicare Part A and Medicare Part B coverage. Medicare Advantage allows members to select a private plan for health insurance to cover their Medicare Part A and Part B health care expenses, rather than Original Medicare. Some Medicare Advantage plans provide additional benefits compared to coverage under the Original Medicare program. Original Medicare offers additional Medigap plans that cover outstanding deductibles, coinsurance, copayments, additional benefits and out-of-pocket maximums. Members have an opportunity to select a new Medicare Advantage plan or to switch between Medicare Advantage and Original Medicare on an annual basis. Medicare Advantage may be attractive to Medicare-eligible individuals because plans may provide additional services, have reduced or zero monthly premiums, set out-of-pocket maximums, and include drug benefits in one plan. However, these additional items come with a tradeoff to the members, and individuals need to be aware of them.

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**When you agree to a Medicare Advantage (Medicare Part C) plan, you lose your Original Medicare Part A and B coverage.**

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## PROS OF MEDICARE ADVANTAGE

- May provide additional services beyond traditional Medicare such as vision, hearing and dental without a supplemental Medigap plan.
- Medicare Advantage has an annual maximum out-of-pocket payment, unlike Original Medicare. In 2023, the maximum cost for a Medicare Advantage plan is \$8,300 and \$12,450 for combined in network and out-of-network services.
- Many Medicare Advantage plans have the ability to combine drug coverage and medical coverage into one plan. Rather than paying for a separate Part D plan to supplement Medicare Part A and Medicare Part B.



## CONS OF MEDICARE ADVANTAGE

- Medicare Advantage members generally have very limited provider networks. In 2017, a study found that the average Medicare Advantage plan only includes about half of the physicians in the United States.
- Unlike Original Medicare, a majority of the time Medicare Advantage members must seek approval to see a specialist for treatments or other services. If the member is denied approval to see a specialist, the care is not covered.
- Unlike Original Medicare, a majority of the time Medicare Advantage members must seek approval for most prescription drugs, inpatient stays, diagnostic services such as procedures, labs, tests, therapy, dialysis, hearing and many other services. If the member is denied approval for these tests or treatments, the care is not covered.
- Medicare Advantage members may end up spending more than those on Original Medicare with hidden costs and denied coverages.

### How Are Medicare Advantage Plans Reimbursed?

In addition to any monthly premiums from members, Medicare Advantage plans receive an agreed-upon payment from the government for the beneficiaries that they cover. This is a set rate per member, per year in exchange for the plan assuming responsibility for all Medicare Part A and Part B care and expenses related to the member. Medicare Advantage is not currently cheaper than Original Medicare. In 2021, Medicare paid \$361 billion to private health plans to fund Medicare Advantage. That amount represented 43 percent of total Medicare spending that year – up from 27 percent in 2015. The cost of Medicare is increasing, but Medicare Advantage plans' share of total Medicare spending is growing even faster. In 2021, Medicare Advantage was four percent more expensive per member than if those same individuals were enrolled in Original Medicare.

# Medicare Fall Open Enrollment

## CHECKLIST FOR SUCCESS

source: boomerbenefits.com



✓ The Medicare Fall Open Enrollment runs from **October 15th to December 7th**.

✓ Review your **Annual Notice of Change** letter from your carrier. Are your benefits changing next year?

✓ Unhappy with the changes? Now is your time to choose new coverage that will **begin in January**.

✓ Call **Boomer Benefits** to compare Medicare Advantage or Part D coverage options: **817-249-8600**

✓ Choose a plan and sit back and relax knowing your **new plan** will begin on **January 1st**.

### FLU FACT:

It's important to get a flu shot each year because flu viruses change constantly and new vaccines are made each year.

Learn More at  
[GetMyFluShot.org](http://GetMyFluShot.org)



# Welcome

to our new staff



Michelle Domsch joined our Business Office. She will be doing payroll and accounts payable. She lives in Osborne with her husband Kyle. She is excited to live close to her grandson Carter!

## Antibiotic Resistance Spreads Easily Across the Globe

Resistant bacteria and fungi can spread across countries and continents through people, animals, and goods.

One billion people cross through international borders each year. This includes 350 million travelers arriving in the United States through more than 300 points of entry.

A resistant threat anywhere can quickly become a threat at home. Global capacity is needed to slow development and prevent spread of antibiotic resistance.



Detect Resistant Threats



Prevent & Contain Resistant Germs



Improve Antibiotic Use



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

# OCMH SPECIALTY SERVICES

BRINGING THE SPECIALTY  
HEALTHCARE YOU NEED TO YOU.

Urology  
Mammogram  
Pain Management  
Bone Density  
Cardiology  
General Surgery  
Nuclear Medicine  
MRI  
Orthopedics



Contact your provider if you are needing or wanting to schedule an appointment for any of these services.



**DO YOU ENJOY BEING A PART OF A TEAM?  
HAVE YOU ALWAYS WANTED TO WORK AT OCMH?**

These opportunities are available now:  
MLT, ENVIRONMENTAL SERVICES, INSURANCE BILLER,  
REGISTRATION/REVENUE CYCLE CLERK, CNA

For more information please call  
785-346-2121

## OCMH Active Medical Staff



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